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愛秩序灣官立小學校長崔家祥：
以興趣帶動學習，定能創造成功
Principal Chui Ka Cheung of Aldrich Bay Government Primary
School: Interest-led learning paves the way to success



每日陪伴孩子關鍵九分鐘
The essential nine minutes for daily connection with children



家庭數碼排毒有策
Practical approaches to family digital detox

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香港教育大學——蕊展計劃

Project Aspire, EdUHK

患有自閉症譜系障礙的學童，在社交溝通方面均面對不同程度的挑戰。為幫助他們融入校園，二零零四年投入服務的「香港教育大學——蕊展計劃」一直致力為就讀主流學校的自閉症譜系障礙學生提供社交訓練及個別支援，提升他們的社交技巧，助他們投入校園生活。



Students with Autism Spectrum Disorder (ASD) often face varying degrees of difficulty in social communication. To help them integrate into school life, Project Aspire, EduHK has been dedicated to supporting ASD students in mainstream schools since its launch in 2004, offering social skills training and individualised support to help them improve their social interaction abilities and engage more fully in school life.

計劃設有涵蓋不同年齡層的支援項目，其中「手牽手」成長小組是歷史最悠久的服務，專門為小一及小二學童提供系統性社交訓練，以趣味的小組活動和遊戲，引導他們愉快地學習社交技巧和理解社交概念。完成訓練後，更有半年的個別跟進支援，協助學童鞏固所學。家長和教育工作者亦可以透過參與計劃開設的工作坊，獲得社交技巧訓練教材套以及專屬應用程式的使用權限，學習在日常中引導學童實踐社交技巧。凡經評估診斷為自閉症譜系障礙的學童，其家長即可登記加入計劃的支援網絡，成為計劃成員後，如有適合子女年級的活動，將可透過電郵獲得活動詳情並優先報名參加。「蕊展計劃」更將於今年九月擴展為「蕊展學苑」，並遷入香港教育大學將軍澳教學中心，以服務更多有需要的家庭與學童，積極推動共融教育。



計劃設有家長和專業人士工作坊，學習以教材幫助自閉症學童鍛鍊社交技巧。

The programme offers workshops for parents and professionals, enabling them to use training toolkits to support ASD students in developing social skills.

The programme includes a variety of support initiatives tailored to different age groups. Among them, the Social Skills Training Programme for Primary One and Two students is the longest-standing service. The programme delivers structured social skills training through enjoyable group activities and games, helping young learners develop social skills and grasp core social concepts in a fun and supportive setting. Upon completion of the training, students receive six months of individual follow-up to consolidate their learning. Parents and educators may also participate in workshops offered by the programme to receive a Social Skills Training Tool Kit and gain access to a dedicated mobile application, helping them guide ASD students in applying social skills in everyday situations. Families with children diagnosed with ASD can register to join the programme's support network. Once registered, parents will receive details of relevant activities via email and enjoy priority

registration for sessions suited to their children's school level. This September, Project Aspire will expand and be relaunched as School Aspire, relocating to the Tseung Kwan O Study Centre of EduHK. This move aims to broaden its services to reach more families and students in need, continuing its commitment to promoting inclusive education.



「蕊展計劃」開放予家長登記加入其支援網絡，請即掃描二維碼填寫表格。

Registration is open for parents to join the Project Aspire support network. Please scan the QR code to complete the registration form.